



Aging in Place Workbook Links to Website Resource Listings

Website Links

Page Location



Housing

www.benefitscheckup.org

Page 10

https://assets.aarp.org/www.aarp.org/articles/money/financial_pdfs/hmm_hires_nocrops.pdf

<https://www.aarp.org/money/credit-loans-debt/info-2020/reverse-mortgage-questions-to-ask.html>

<https://www.aarp.org/money/investing/info-2018/find-a-financial-planner.html> Page 10

<https://www.homeinspector.org/HomeInspectors/Find>

Page 17



Health and Wellness

<https://www.nhs.uk/live-well/exercise/physical-activity-guidelines-older-adults/>

<https://betterhealthwhileaging.net/>

Page 22

<https://betterhealthwhileaging.net/wp-content/uploads/pdfs/preventivecareaging.pdf>

<https://www.medicaid.gov/>

<https://www.benefitscheckup.org/>

Page 23

<https://www.mymedicarematters.org/enrollment/am-i-eligible/>

<https://www.medicare.gov/>

<https://www.benefitscheckup.org/>

Page 24

(continued)

Aging in Place Workbook Links to Website Resource Listings

Website Links	Page Location
Health and Wellness - Continued	
Health Savings Accounts: https://www.aarp.org/health/medicare-insurance/hsa_calculator.html	
Flexible Spending Accounts: https://www.aarp.org/health/health-care-reform/info-11-2010/hcr_explained_flexible_spending_accounts.html	Page 25
https://www.healthcare.gov/retirees/	Page 25
https://www.shiptacenter.org/	Page 25
https://eldercare.acl.gov/Public/Index.aspx	Page 28
https://longtermcare.acl.gov/	Page 29
https://www.shiptacenter.org/	
https://www.aarp.org/caregiving/health/info-2019/palliative-care.html	Page 30
https://www.nhdd.org/public-resources	Page 31

(continued)



Transportation

Page Location

https://s0.hfdstatic.com/sites/the_hartford/files/your-road-ahead-2012.pdf

Page 36

https://gogograndparent.com/gogostart?qclid=CjwKCAjwT07qBRBQEiwAI5WC29pOTRGC6F20gQTF_RncsSti0GepRIHICUQ8tIrsFqa1SxrvzVlo-xoCCjwQAvD_BwE

Page 37



Personal Finance

<https://www.economiccheckup.org/financial-advisor-and-counseling>

Page 44

<https://www.economiccheckup.org/money-management-tips>

Page 45

<https://www.ncoa.org/economic-security/>

<https://seniornavigator.org/>

Page 47

<https://www.everplans.com/digital-estate>



Connection and Growth

<https://www.nationalservice.gov/programs/senior-corps/senior-corps-programs/rsvp>

<https://www.engagingolderadults.org/>

Page 53

Link to the Aging in Place Website Containing the Workbook and Resources:

<http://www.nrvaoa.org/aging-in-place/workbooks/>